

■ **Dead Sea Wonders**

- > The Dead Sea
- > Dead Sea Minerals
- > Dead Sea Cosmetics
- > Touring The Dead Sea
- > Dead Sea Healing Powers, Psoriasis
- > Dead Sea Mud

Dead Sea Wonders >> Dead Sea Minerals

Dead Sea Minerals

Dead Sea Minerals:The Dead Sea contains some 45,000 million tons of **salts** rich in minerals - The Dead Sea Minerals. The Sea's unique composition of natural minerals is produced from dissolving of the salt created in the natural evaporation process of the lake's water. The compound is refined through solar radiation which neutralizes the sodium chloride (that sinks to the bottom) and leaves the rich compound on the evaporation pool bed. The Dead Sea contains 26 essential minerals, twelve of the Dead Sea minerals do not exist in any other sea or ocean in the world. Some are known to have unique qualities, for instance giving a feeling of relaxation, nourishing the skin, activating the blood systems, healing rheumatic diseases and metabolic disorders. In addition, the natural minerals are essential for correct functioning of the human body and the different skin layers.

Trace Elements- the importance of Dead Sea Minerals

The minerals constitute only 4% of the body weight, but their importance is immeasurably greater, they are trace elements required in small quantities for cell renewal activities in the skin and serve as essential elements in cell functioning, principally in intercellular communication. The minerals are essential for purposes of "exchanging information" and help to transmit signals between the cells, an activity that stimulates cells to renew themselves, to divide and to nourish the top skin layer with an increased water capacity.

They also participate in processes of bone building, blood production, hormone activation, neural strengthening and far more. However, like vitamins, they are not produced by the body and therefore the body depends on an external supply of minerals from food. Minerals play a very important role in correct skin functioning. Therefore, beyond provision of the minerals reaching it with the blood circulation, the skin absorbs minerals applied externally and uses them in every single process existing in the skin layers. A deficiency in one of the minerals is liable to disrupt skin cell activity, cause inflammation, dryness and early aging.

Calcium (Ca)

Zinc (Zn)

Magnesium (Mg)

Potassium (K)

Sulfur (S)

Phosphorus (P)

Sodium (Na)

Lithium (L)

Boron (B)

Bromine (Br)

Strontium (Sr)

Manganese (Mn)



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